



*Dolphin Immersion
Family Retreat*

with Amber Herzog Lyman

*Swim with
Wild Dolphins!*

July 13-19, 2025

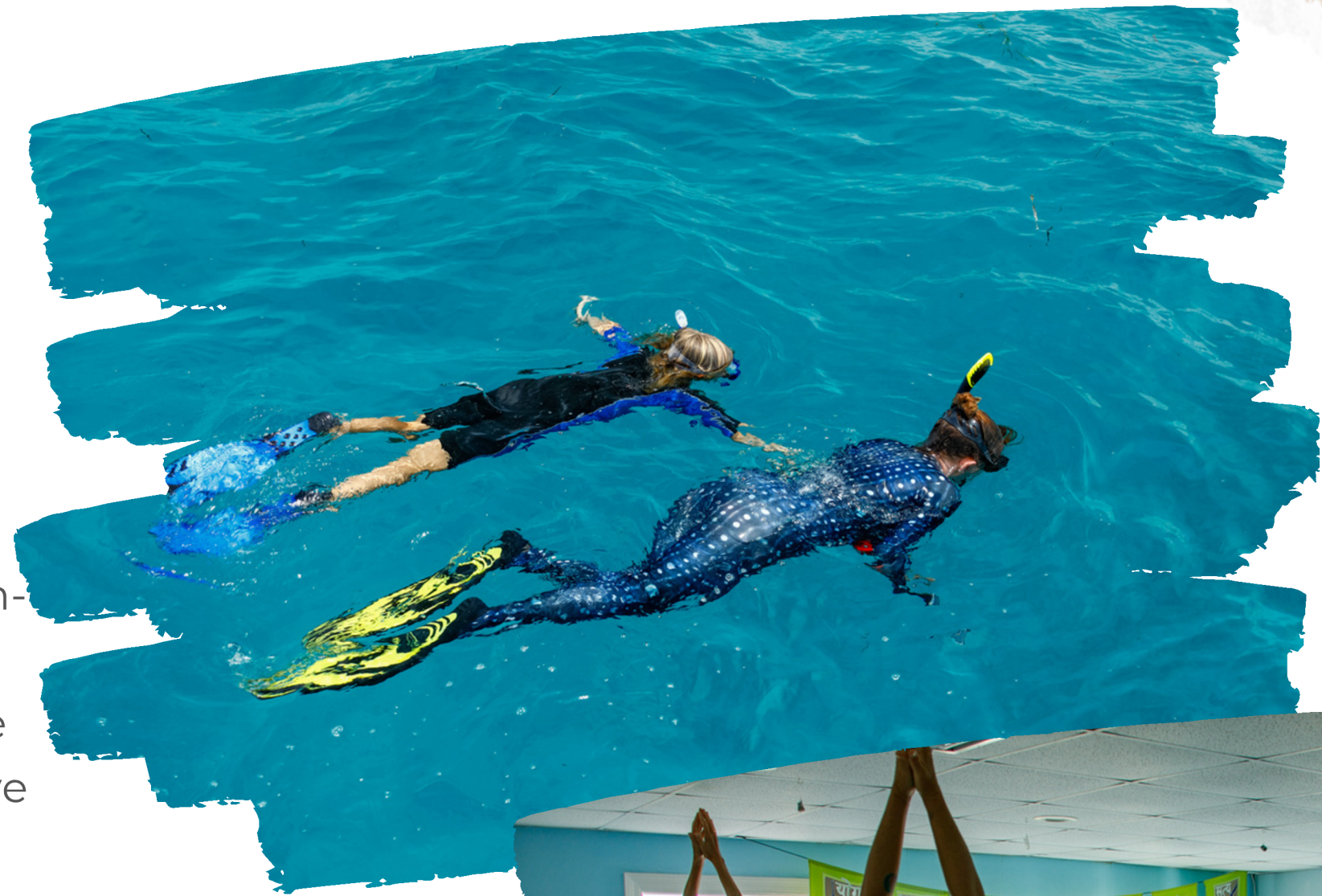
**Bimini Island,
Bahamas**

Retreat Overview

Explore their Underwater World

Swimming with the dolphins is a joy-expanding, perception-altering experience. The devoted crew at WildQuest helps make respectful, playful and natural interactions with these animals reliably possible. They have been guiding immersive wild dolphin retreats for 30 seasons at their lovely private seaside location on Bimini Island, Bahamas, about 50 miles off the east coast of Florida.

Amber first traveled to WildQuest in 2023 with Hawaii-based guides Lisa Denning and Hydee Tehana, to research and experience dolphin sound and communication with her (then 10 yr old) son, where they felt the healing powers of family play, joy and discovery in the warm crystalline salt water flats swimming with Atlantic Spotted and Bottlenose dolphins.



Explore & Experience

The Magic of Wild Dolphins

Come face-to-face with some of the most playful, intelligent, gregarious beings to inhabit our oceans and experience complete joy and presence. Welcome to the warm turquoise waters of their world, become immersed in their myriad sounds, sense their structures of family and communication, and interact as they play, hunt, feed and frolic... this is an unforgettable and life-changing experience!

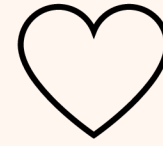
To be with wild dolphins opens us to a wider experience of consciousness and communication, expanding our perception of “language,” opening new pathways of connection with nature, and inviting us into collective “pod consciousness” with our more-than-human kin.



Family Immersion

Creating Memories & Cultivating Connection

The July 2025 retreat is designed for families, friends & individuals, is suited to a wide range of ages and swimming abilities and will accommodate up to 20 guests.



Family Friendly

Welcoming water-loving ages 8 -78+, including family groups, couples and solo travelers.



Lodging & Meals

Our waterfront retreat center is sparkling clean, cozy, comfortable, and private with nourishing, delicious meals prepared onsite.



Transformative Experience

Spend four days sailing, swimming, and learning to communicate with dolphins in the crystal clear Caribbean waters.



Transportation Services

Night one stay at Fort Lauderdale Hilton + private Bimini sailboat included in retreat rate; charter flights to-from Fort Lauderdale + airport van transfer arranged separately after registration (approx. \$600pp).

Learn & Grow

Dive into Dolphin Consciousness

Amber's unique additions to the WildQuest retreat:

- Guided skills and techniques to help you to dive deep into dolphin communication and consciousness.
- Special screening of Amber's 2020 doc "Ocean Souls" to explore cetacean emotions, family lives, language and intelligence
- Optional daily yoga/meditation sessions
- Group chats to digest and integrate how much dolphins think and feel like we do

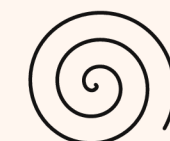
In her work as a documentary film writer, ocean conservationist and poet / performer, Amber has been thinking, writing and dreaming from within whale and dolphin consciousness since 2019, and has spent time on and in the ocean studying wild whales and dolphins across the waters of California, Hawaii, Mexico, the South Pacific Kingdom of Tonga, coastal Kenya and the Indian Ocean islands of the Seychelles professionally since 2009. As early as 1985, Amber wanted to BE a dolphin, and has been practicing ever since.



**Daily Yoga
Practice**



**Meditation
Sessions**



**Communication
Techniques**

A Message from Amber

The Joy of Pod Consciousness

We can learn from the dolphins how to be social beings who care for the health of every individual as the health of one body; allowing us to step outside the human drives of ego separation. We can learn how to honor the oceans and sky as our homes, just as we do the land. We can find a wide-open relationship with nature, tended with care and reciprocity, rather than defaulting to human practices of extracting and consuming.



The dolphins can show us new ways of experiencing the mind-heart-body-cosmic self as more alive, engaged and integrated, and these lessons will forever ripple out into our lives, expanding ever-onward.

Rates & Registration

\$2650 per person



WHAT'S INCLUDED:

- First night hotel stay at Fort Lauderdale Hilton (Sunday, July 13)
- Five nights (July 14-19) at the WildQuest Retreat Center (rooms based on double occ)
- Five daily sails / dolphin swims aboard the beautiful Dolphin Quest catamaran
- All meals and non-alcoholic drinks (except dinner out one night in Bimini)
- Daily options for yoga, meditation and dolphin talks with Amber
- Optional kids activities on shore at WildQuest

NOT INCLUDED:

- Private charter flights + van transfers to & from Bimini Island from Fort Lauderdale Hilton (cost is approximately \$600, payable directly to the private air charter - we will connect you for reservations)
- Optional supplement for private / single occupancy room at WildQuest
- Optional supplement for ocean view rooms at WildQuest
- Optional massages / healing treatments at WildQuest
- Dinner out one night in Bimini
- Air travel to and from home - Fort Lauderdale
- Travel Insurance (we can recommend a carrier)

***Registration and payment : www.amberherzoglyman.com/retreats**

Contact and Booking

Join the Adventure!

To reserve your space, or clarify any questions, please connect me via text, phone or email and we'll arrange a time to chat.

Bookings will be secured and completed via private booking link.



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[Link for more about WildQuest](#)



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